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Schoharie Office for the

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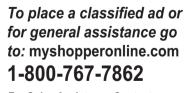
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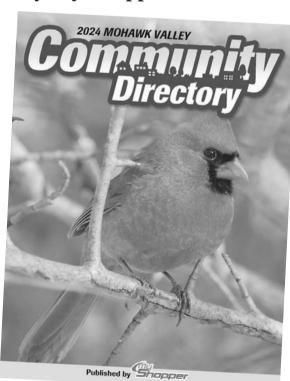
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All Non-Profit groups & organizations are encouraged to provide meeting days & location of your organized group for free publication in this informative directory.



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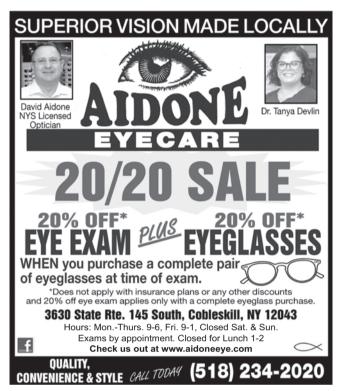
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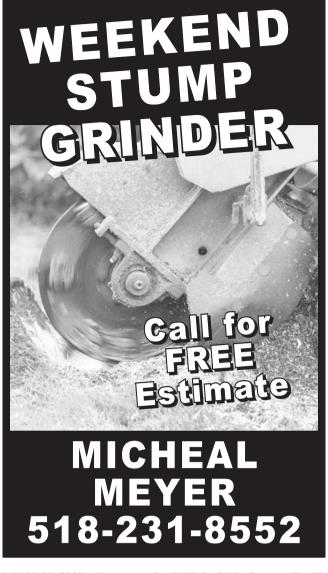
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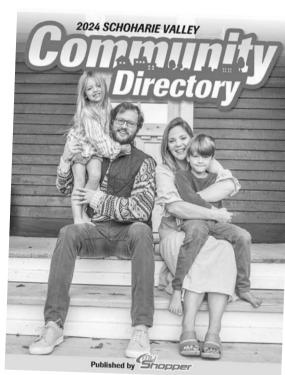
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All Non-Profit groups & organizations are encouraged to provide meeting days & location of your organized group for free publication in this informative directory.



Deadline is February 19, 2025



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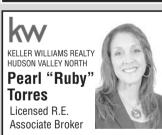
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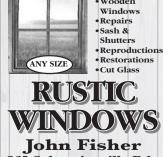
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1.	2.	3.
4.	5.	6.
7.	8.	9.
10.	11,	12.
13.	14.	15.
16.	17.	18.
19.	20.	If your ad has more than 20 words, please attach a separate sheet.

Second week is half price for private ads.

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First Monday of each Month – Normal Monday Sale & Monthly Fat Cow & Feeder Sale.

Second Monday of each Month – Normal Monday Sale & Monthly Heifer Sale.

Third Monday of each Month – Normal Monday Sale & Monthly Heifer Sale.

Pig Sale.
Fourth Monday of each Month – Normal Monday Sale & Monthly Organic Day.

Fifth Monday (if there is one) – Normal Monday Sale. THE HOSKING FAMILY & SALE BARN CREW WOULD LIKE TO WISH EVERYONE A VERY MERRY CHRISTMAS & HAPPY NEW YEAR! WE APPRECIATE ALL YOUR BUSINESS! Upcoming Sales: Sat. Mar. 22, 2025 - Spring Premier All-Breed Dairy Sale selling 115 head of Registered

Dairy - all breeds. If you're interested and need someone to stop by give us a call. Dan will be making his way around NY/PA areas. This sale fills fast so make sure we

have your consignments.

Sat. April 12th – Sale held on the farm, Hobart, NY. 11:30AM. Pride of Posthaven
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Dan Hosking 607-972-8773, Tom Hosking 607-972-1770, Dave Rama 607-435-0792.

Sat. April 19th – Our Annual Spring Machinery Auction. Taking consignments of all Farm equipment, Trucks etc. Already have a Retirement Machinery Dispersal from Local Farmer. If you have anything you would like advertised let us know. Watch for more details.

Sat. June 14, 2025 - 12:00 – Sale held at our facility. CHEERS TO THIRTY YEARS OF HOSKING SALES! An Elite Select Group show age heifers & cows from the BEST Cow Families in the World. More info to follow.

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Location: 840 Fordsbush Rd. Fort Plain, NY 13339

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Looking For Quality Consignments of:

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- Logging & Sawmill Equipment 5% Commission
- Trucks and Trailers 2% Commission
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- Collectibles, Antiques & Toys 10% Commission
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Auction House and Manager 518-224-4847 Benuel Fisher - Auctioneer and Manager

518-921-2016 **James Nolt - Order Buyer and Consignments** 518-560-1979

Write: Eli Martin, 392 Brookman Corner Rd., Fort Plain, NY 13339

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Sunday, January 12th at 9:30 am Preview Day Of Sale at 8 am Until Start Of Sale Located at the Quality Inn & Suites Just Off Exit 23, I-88, Schoharie, NY

We will be selling the furnishings from a former grand old Victorian Saratoga hotel along with the contents from two other beautiful estates. A huge variety with nearly 450 lots to be sold! Featuring period Victorian, country and contemporary furnishings, large collection vintage toys, primitives, advertising, oil paintings, vintage swords, early china and Victorian glassware, 14k and costume jewelry, commercial popcorn machine, candy floss cotton candy machine, 26" Yardman electric start snowblower, along with loads of other interesting items.

Partial listing and pictures can be found at AuctionZip.com. Under Auctioneer #10100

Terms: Cash, Check or Credit/Debit Card 15% Buyer's Premium. Phone & Left Bids Accepted. Not An Online Auction. Refreshments (Breakfast & Lunch) Available.

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For The Community

MOHAWK VALLEY Beekeepers Club. Schoharie County and vicinity. Meetings 3rd Thursday, monthly at 7PM Cornell Cooperative extension, Cobleskill,

valleybeekeepers2@gmail.com.

SARAH'S FOOD PANTRY, free. Evangelical Lutheran 890 NY-443, Gallupville. Every 2nd & 4th Thursday of the month 12:00pm-4:00pm 518-421-2939.

JESUS NEVER Community Church Elizabeth Town Road, Ilion, NY 13357. Rev. Hans Drew. Sundays 11 am 518-568-7983.

NEW HOPE CHRISTIAN Fellowship, 32 Spencer Street, Dolgeville. Sunday School at 9:40am, Sunday mornings, main service at 10:30am and Bible study Wednesdays at 7:00pm.

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of Ephesus, 166 East Main St, Morris NY. Rooted in the historical Christian Church biblical (traditional, and Vespers, transformational). Saturday 5:00pm Hours & Divine Liturgy Sunday 9:00am. Fr. Photie Erdman, Rector. Email: fr.photie@gmail.com. Phone: 607-288-3485. Website: www.oneontaorthodox.org

Schoharie Seventh Day Church, Sabbath Adventist Study 10-11:30, Worship Service 12-1, 2861 St. Rt. 10, Summit, NY. 12175

Middleburgh Library -1:00-4:00 PM - Mahjong - Join the ladies for games of Mahjong. If you don't know how to play, they will help you. Men are welcome also.

Middleburgh Library - 1/9 -11:00-12:00 Homeschool Explorers - Join us for an engaging program designed specifically for homeschooled kids and teens! Registration is required and appreciated.

Middleburgh Library - Be sure to check our calendar on our website www.middleburghlibrary.info for future programs. Also, don't

forget our Facebook page.

registration is required.

Middleburgh Library -1/10 -5:30 PM - Dinner & A Movie -'Conclave" - (PG) - The library with provide pizza and drinks and you bring a dessert or snack

to share. Space is limited and

SHARON SPRINGS Free Library hours: Monday & Thursday 10am-6pm, Tuesday, Wednesday & Friday 3pm-8pm Saturday 10am-1pm.Sunday closed. 129 Main St., Sharon Springs, 518-284-3126,

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COMMUNITY CHURCH of Howes Cave, Sunday, traditional service 10:30 am, 128 Lester Lane. Reverend Tom Davis.

FOOD PANTRY is available at Bethany Lutheran Church, 185 Church Street, Central Bridge, NY every month on the 2nd Monday 10 am -12 pm. Everyone is welcome, no questions asked.

IF YOU HAVE a drinking problem, we offer a solution! Try noon time meeting of Alcohol Anonymous every Monday at the Cobleskill United Methodist Church, 107 Chapel Street. Information 774-266-3772.

ALCOHOLICS ANONYMOUS beginners meeting Fridays at 5:30pm. Cobleskill Methodist Church 107 Chapel Street, Cobleskill.

IS YOUR LIFE affected by someone else's drinking and/or drug problem? Feeling hopeless? Try an Al-Anon meeting: 6:30 pm Thursday basement of Schoharie Reformed Church 518-248-1334 or 518-295-7419.

IS YOUR LIFE affected by someone else's drinking and/or drug use? Feeling hopeless? Try an Al-Anon meeting; noon on Tuesday, Cobleskill Methodist Church on Chapel Street. Information 518-763-5107.

EXPERIENCE" **January 5, 2025**

Schoharie County Office for the Aging

518-295-2001

***************** **Laughter Is Good For The Soul**

- Instead of the John I call my bathroom Jim. That way it sounds better when I say I go to the Jim first thing every morning!! With age comes wisdom, huh? Apparently "wisdom" weighs about 40 pounds.

Need to replace a damaged or lost Medicare Card? Log into (or create) your secure Medicare account at Medicare.gov to print or order an official copy of your Medicare card. You can also call 1-800-MEDICARE (1-800-633-4227) and ask for a replacement card to be sent in the mail. TTY users can call 1-877-486-2048. If you get Railroad Retirement Board (RRB) benefits, you can call 1-877-722-5772 to get a replacement card, TTY users can call 1-312-751-4701.

***************** **Social Security Statements:** Just a Friendly reminder, the new Social Security Income Statement for 2025 will be sent out to you shortly, keep them handy, this is a very important document you sometimes need throughout the year.

****************** Important Tax Info: Our tax site will now have an income threshold for the year 2024, your income must be under \$65,000 to be completed at Office for the Aging. We will be taking calls for appointments starting Jan. 7, 2025. The process will be very similar to last year; a drop off appt., copies and intake left here for volunteers to complete, and then a pick-up appt to review and approve for e-filing. Appointments will be made for a February and start date. Please note we have screening questions we mu ask everyone. Thank you for your patience. For an appointment call 518-295-2001.

January Life Chat: Topic will be Evidence based Tai Chi for fall prevention. January 29th, at 1:00pm., The Community Library in Cobleskill in the upstairs community room, 110 Union Street, Cobleskill, NY 12043. Schoharie County Office for the Aging invites you to attend our Life Chat Presented by Lenore Tsami, Certified Tai Chi Instructor will present information about the benefits of Tai Chi. For Questions or to RSVP contact Lenore Tsamis at 518-295-2001.

Reminder The Parkinson Support Group meets the second Tuesday of every month, at 1PM, the next meeting will be January 14, 2025, at The Gathering Place, 127 Kenyon Rd. Cobleskill, please call Lenore Tsamis at 518-295-2001 to RSVP or please have any questions.

HEAP Applications for adults over 60 years old can be picked up at the Office for the Aging or you can call to have one mailed to you. 518-295-2001. *****************

AARP Defensive Driving Classes will resume in April 2025.

Thought for the Week... The New Year stands before us, like a chapter in a book, waiting to be written, "Begin doing what you want to do now. We are not living in eternity. We have only this moment, sparkling like a star in our hand and melting like a snowflake."- Francis Bacon Sr.

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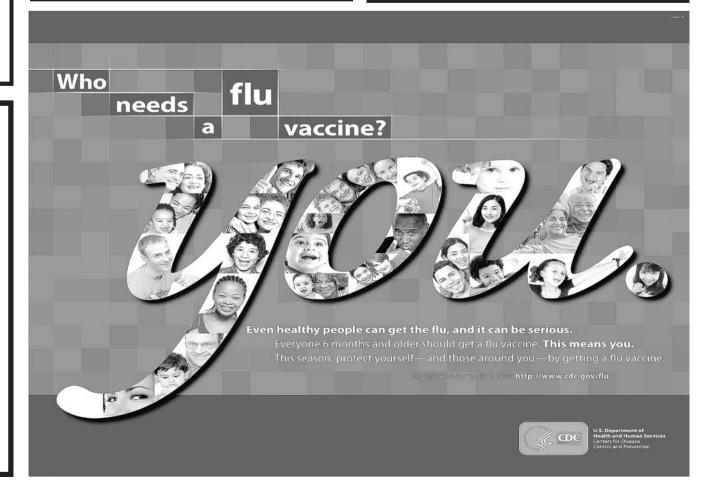
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sweets have always been my reward. I want my kids to have authentic food from their culture, which isn't always nealthy. Eating healthy makes me feel like my taste buds are missing out. I have a prime parking spot at work, so why would I walk? Diet soda is as healthy as I get. My stomach just can't handle healthy stuff. I don't know how to look, so I have to stick to simple things like macaroni & cheese. I don't want to mess with my family's food prefer ences. I am too tired to battle with my kids over healthy eating. My kids don't like salad. My spouse doesn't like regetables. If I'm going to a buffet, I want to get my money's worth. My mother always made me clean my plate and I can't break the habit. I have no willpower when it comes to the dessert menu. If I'm stressed, I want some hing sweet. There are waaay too many delicious foods I want to eat. If I'm stressed, I want something salty. I ge pored with the same old food. My kids are picky eaters and I don't want to make two separate meals. Once I've opened a pack of cookies, I figure I might as well finish it. I've tried a bunch of different diets and nothing works. don't want to become obsessive about every calorie. Eating healthier requires a lot of planning and I just don't have ime for that. The gym is boring. I tried to change my diet before...it was too much effort. I don't have time to prepare a healthy meal. My taste buds are the way they are. There's always free food at the office, and I just can't say no. Fresh food spoils too quickly. I like going out to eat with my friends too much. I eat in the car, so I can't always ind healthy options. Temptation lurks everywhere – I can't help myself. Special deals and coupons encourage my pad food choices. Vacation calories don't count. I hate seeing myself in the mirror at the gym. I can't exercise wher t's humid. I don't want to get sweaty because I'll have to redo my hair. It's too snowy to work out. Vegetables are hard to chop. I walked 86 feet today and I'm already exhausted. I showered earlier, so I don't want to get sweaty My couch is too comfy. Taking the stairs is just too time consuming. The fluorescent gym lights make me look pale My bike shorts give me a wedgie. Working out makes more laundry. My workout videos are all on VHS, and I don't have a VCR. My tennis grunt isn't any good. I'm an athlete by proxy, thanks to my fantasy team. My workout would nterrupt my TV schedule. I feel sore after working out. My dog doesn't like to walk. I like cheese too much. Swea nakes me itchy. My gym is like a million miles away. I don't like working out with people around me. I don't wan to be locked into a gym membership contract. The gym owner is intimidating. Helmet hair isn't a good look on me burn enough calories carrying my purse around. I'm not zen enough for yoga. My sneakers smell like a locker oom. The gym is boring. Dessert is my weakness. I'd work out, but I might scuff my shoes. No one will exercise with me so I'm not motivated to go. My husband always makes excuses for not going to the gym, and I think he's kinda right. I'm not coordinated enough to exercise. I don't like how my hair looks in a ponytail. I never remember ny gym clothes. The gym is boring. If I didn't have time for lunch today, I definitely don't have time for the gym. don't like the way workout clothes look on me. I'm actually afraid of getting too buff. Working out isn't a good look or me. I look silly exercising. It's not convenient. The TV shows they play at the gym are terrible. I don't like watch ng people work out; it grosses me out. The gym cuts into my social life. Working out isn't really me. Exercise should be done in private. And my apartment is too small. I don't like sweating in front of people. Exercise just makes me nungrier. The gym is way too far from my house. The exercise schedule for workout classes doesn't fit my sched ale. I have a bad blister that makes working out painful. There simply aren't enough hours in the day. I can't ge notivated to do any exercise, so I'm stuck in a <u>rut</u>. The different exercise class options overwhelm me. I don't wan o sweat where other people sweat. It's tough to wake up in the morning. I end up just walking around the gym imlessly. Gym clothes are too expensive. Treadmills are SO boring. I don't want to run on the street where every one can see me. I ran out of sports bras. I forgot my running shoes...again. I'll start working out tomorrow. Swea nakes me itchy. I get enough exercise typing emails. It's my birthday, so it's OK to indulge. I'm married, so there's no need to hit the gym anymore. I'm aiming for the "dad bod." I'm starting a "mom bod" trend. I consider the wallto my kitchen exercise. I just don't know what foods to eat. I've heard you can burn a lot of calories chewing. My ped is more comfortable than the gym. I don't want to deprive myself of anything. I'm too carefree to get into ar exercise routine. The elevator is faster than the stairs. I'm a busy parent. I need extra fat in the winter to keep me warm. I'm a struggling artist — I only have time for my art. I'm too busy running a business. I'm too busy writing a book. I'm too busy taking care of my family. I like cheese too much. I'm too busy volunteering. I'm too busy trying to build my resume. I tried working out, but I don't know if I'm doing it right. I'm too busy taking my kids to sports practices, art lessons, school, playdates, etc. I'm too busy doing the housework, shopping, cleaning and looking after the house. I have to help my kids with their homework. It's genetics. I don't know where to start with dieting or exercise. I don't want to interfere with my family's routine. I tried pilates, but I don't know if I'm doing it right The padding in my bike shorts isn't squishy enough. Once I've sorted out my work/life balance, I will figure out my liet and exercise. I can't pronounce "acai." I don't go to the doctor unless something is clearly wrong. I'm not the reatest at taking care of myself; I'm better at taking care of other people. It's too hard to be healthy during the nolidays. The gym is boring. It's either work or my kids that take up all my time. I don't like the color of green juice /egetables are rabbit food. I heard pizza counts as a vegetable because it has tomato sauce. My family doesn't like regetables. Lettuce might as well be grass clippings. I don't like green-colored food. Kale reminds me of shrubs. I ust seems like eating healthy is a trend. I can't pronounce "quinoa." Eating healthy just takes too much time. I can't esist upsizing my meals. I can't say no to ice cream on a hot day. It would be rude not to eat the cake my neighbor prought me. Bananas creep me out, I don't feel complete without something sweet after a meal. Snacking helps bass the time. Healthy food is more expensive. Health food stores smell funny. There are no healthy restaurants n my neighborhood. Healthy foods don't taste as good. I don't know how to cook healthy meals. I like potato chips too much. The commute is my workout. I would exercise but it just makes me hungrier. I like fried food too much like tortillas too much. I can't start my day without doughnuts. I read that you can become addicted to working out. I can't text and lift weights at the same time. I don't like the music they play at gyms. I'll wait until I make my new Year's resolutions. The healthy section at my local supermarket is hard to find. If I go to the gym, my cats wil niss me. Being super disciplined just kinda harshes my vibe. I get enough exercise through quilting. There's way oo much good TV on this season. YOLO! Going to the gym would require me to change out of my bathrobe. Eating nealthy and exercising just seems vain. If I go to the gym, I'm worried people will see my regrettable tattoos. Exerising just takes too much time to organize. I don't like people telling me what I should eat. I need my food to be un. The world would be a better place if everyone just ate what he or she wanted. Weights are heavy. Treadmills nake me feel like a gerbil. I tried working out once; it was sweaty. I don't want to waste gas by going to the health er supermarket. Being healthy has never been a priority. I'm too busy doing house stuff. Animals don't need to go to the gym, so why should I? What if I miss an email at the gym? I'd rather focus my energy on model trains. Spinach night have worked for that cartoon character, but not for me. I think it's a conspiracy to get people to eat things hey don't want to. What if I get super fit and my friends don't recognize me? My hair is too long to exercise. I can' be around all kinds of buff people. I think that in the future they'll invent a pill to make everyone healthy. I don't ea nealthy while on vacation, and I always want to feel like I'm on vacation. I don't want to shock my body. I don't wan to get all buff and then intimidate people at the beach. It just doesn't suit my hermit lifestyle. I'm just not sure who o listen to – my stomach or my doctor. Exercising just seems so 1980s. What if I like working out too much and

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